

NOTE: To attend a workshop, please log into MyStart in Canvas under the “Online Workshop Schedule” page

Title	Date	Time	Description
Faculty of Social Science and Humanities			
Introduction to the Library & Resources for Faculty of Social Science and Humanities Students	Monday, July 20, 2020	3 to 4 p.m.	In this Library workshop you will learn about Library services and resources offered online and in person at our campus Libraries. This workshop will cover topics including identifying and understanding different types of resources, where to find books and articles on the Library website, and how to critically evaluate resources. We will focus on locating resources for Social Science and Humanities, including communication, criminology, forensic psychology, legal studies, and political science.
	Thursday, July 23, 2020	2 to 3 p.m.	
	Monday, August 17, 2020	2 to 3 p.m.	
	Thursday, August 27, 2020	1 to 2 p.m.	
Writing for Faculty of Social Science and Humanities – Part 1: University research and the writing process	Monday, July 27, 2020	2 to 3 p.m.	In Writing for FSSH – Part 1, you will write your own inquiry question, free-write, recognize and develop an effective essay topic, recognize and write a standard paragraph, provide feedback on a peer’s essay, and recognize how the pattern for the standard paragraph can be easily transformed into the standard essay format. You will talk to your future classmates about these topics in breakout rooms and share ideas.
	Monday, August 10, 2020	2 to 3 p.m.	
	Tuesday, August 25, 2020	7 to 8 p.m.	
Writing for Faculty of Social Science and Humanities – Part 2: Writing in your faculty	Wednesday, July 29, 2020	2 to 3 p.m.	In Writing in your faculty, you will transform an inquiry question into a thesis statement, identify the controlling ideas in a thesis statement, become familiar with the steps in writing a standard first year essay, and learn the basics of APA citation in your essay. You will talk to your future classmates about these topics in breakout rooms and share ideas.
	Wednesday, August 12, 2020	4 to 5 p.m.	
	Tuesday, August 26, 2020	7 to 8 p.m.	
	Thursday, July 30, 2020	1 to 2 p.m.	
	Thursday, August 13, 2020	1 to 2 p.m.	
	Monday, August 24, 2020	7 to 8 p.m.	

Study Strategies for Success	Thursday, July 23, 2020	1 to 2 p.m.	In this interactive workshop, students will learn about how much to study, when to study, and how best to study in university. Students will also gain valuable knowledge about top best study strategies founded in scientific research.
	Tuesday, August 4, 2020	2 to 3 p.m.	
	Thursday, August 20, 2020	7 to 8 p.m.	
	Friday, September 4, 2020	1 to 2 p.m.	
Thinking it Through: Independent Learning and Critical Thinking	Tuesday, July 28, 2020	2 to 3 p.m.	In university you are going to be introduced to a wealth of new and exciting information. Just think, you have waited your whole life to study an area of your choice, so now is the time to get serious about how to best acquire new knowledge. Aside from effective study skills, you will need to be able to learn independently and think critically when building your knowledge and solving problems in university. Every day you will be presented with new information that you will need to evaluate and assimilate. This workshop will teach you about independent learning, the components of critical thinking, and how to ask important questions. Through developing independent learning and critical thinking skills, you will learn to take different perspectives and dig deeper into your learning.
	Tuesday, August 11, 2020	2 to 3 p.m.	
	Tuesday, August 25, 2020	6 to 7 p.m.	
Motivation and Growth Mindset	Monday, July 27, 2020	3 to 4 p.m.	Research shows that growth mindset can foster grit, determination, and work ethic within students, athletes, and people of all ages. Utilizing a growth mindset involves understanding the human brain and the learning process. In this workshop, we will discuss the benefits of a growth mindset, its connection to higher levels of success, and how a greater comfort in taking risks will help you reach your goals.
	Thursday, August 27, 2020	3 to 4 p.m.	