

NOTE: To attend a workshop, please log into MyStart in Canvas under the “Online Workshop Schedule” page

Title	Date	Time	Description
Faculty of Business and Information Technology			
Introduction to the Library & Resources for Faculty of Business and Information Technology Students	Tuesday, July 21, 2020	1 to 2 p.m.	In this Library workshop you will learn about Library services and resources offered online and in person at our campus Libraries. This workshop will cover topics including identifying and understanding different types of resources, where to find books and articles on the Library website, and how to critically evaluate resources. We will focus on locating resources in the fields of business, information technology and game development.
	Wednesday, July 29, 2020	1 to 2 p.m.	
	Thursday, August 6, 2020	3 to 4 p.m.	
	Tuesday, August 25, 2020	1 to 2 p.m.	
Writing for Faculty of Business and Information Technology – Part 1: University research and the writing process	Tuesday, July 28, 2020	1 to 2 p.m.	Many university courses require a lot of complex readings and writing based on those readings. That being considered, in this workshop you will learn about the importance of seeing writing as a process and developing reading and notetaking skills.
	Tuesday, August 11, 2020	4 to 5 p.m.	
	Monday, August 24, 2020	6 to 7 p.m.	
Writing for Faculty of Business and Information Technology – Part 2: Writing in your faculty	Thursday, July 30, 2020	1 to 2 p.m.	University writing assignments require integration of research into our texts to back up our arguments. This process has to be done in accordance with the academic conventions in our fields. This being considered, in this workshop you will learn about paragraph structure and how to integrate research in your writing as well as APA 7 th edition referencing and citation style.
	Wednesday, August 12, 2020	2 to 3 p.m.	
	Thursday, August 27, 2020	6 to 7 p.m.	

Math Review for Business	Wednesday, August 12, 2020	10:30 a.m. to noon	<p>Mathematics is seen everywhere in the business world! This workshop will help prepare FBIT students for first-year university math courses by reviewing essential high school material. It provides students an opportunity to ask questions, participate with peers, study concepts, and break common misconceptions.</p> <p>In this workshop, we will practice:</p> <ul style="list-style-type: none"> ▪ converting between percentages, fractions, and decimals ▪ simplifying expressions involving fractions, variables, exponents, and distribution property ▪ rearranging an equation to solve for an unknown quantity ▪ solving linear equations and inequalities <p>solving quadratic equations using quadratic formula</p>
	Tuesday, August 18, 2020	3 to 4:30pm	
	Wednesday, August 26, 2020	6 to 7:30pm	
Managing your Time in an Online Environment	Tuesday, July 21, 2020	2 to 3 p.m.	<p>Transitioning from studying in an in-person environment to an online environment can be challenging for many students. In this workshop, students will develop self-awareness of their own time management skills. Tips and tricks for studying and managing time in an online environment will be discussed along with reviewing the importance of creating SMART goals.</p>
	Wednesday, August 5, 2020	1 to 2 p.m.	
	Tuesday, August 18, 2020	6 to 7 p.m.	
	Monday, August 31, 2020	2 to 3 p.m.	
Mastering Problem-Solving Skills Workshop	Wednesday, July 22, 2020	3 to 4 p.m.	<p>Do you freeze up when you see word problems? Do you struggle with setting up calculations? You're not alone! In this workshop, students will learn study skills for becoming a pro at problem solving, including tips on how to tackle word problems, study effectively, and use dimensional analysis to make math easier.</p>
	Thursday, July 30, 2020	1 to 2 p.m.	
	Thursday, August 13, 2020	1 to 2 p.m.	
	Monday, August 24, 2020	7 to 8 p.m.	

Study Strategies for Success	Thursday, July 23, 2020	1 to 2 p.m.	In this interactive workshop, students will learn about how much to study, when to study, and how best to study in university. Students will also gain valuable knowledge about top best study strategies founded in scientific research.
	Tuesday, August 4, 2020	2 to 3 p.m.	
	Thursday, August 20, 2020	7 to 8 p.m.	
	Friday, September 4, 2020	1 to 2 p.m.	
Thinking it Through: Independent Learning and Critical Thinking	Tuesday, July 28, 2020	2 to 3 p.m.	In university you are going to be introduced to a wealth of new and exciting information. Just think, you have waited your whole life to study an area of your choice, so now is the time to get serious about how to best acquire new knowledge. Aside from effective study skills, you will need to be able to learn independently and think critically when building your knowledge and solving problems in university. Every day you will be presented with new information that you will need to evaluate and assimilate. This workshop will teach you about independent learning, the components of critical thinking, and how to ask important questions. Through developing independent learning and critical thinking skills, you will learn to take different perspectives and dig deeper into your learning.
	Tuesday, August 11, 2020	2 to 3 p.m.	
	Tuesday, August 25, 2020	6 to 7 p.m.	
Motivation and Growth Mindset	Monday, July 27, 2020	3 to 4 p.m.	Research shows that growth mindset can foster grit, determination, and work ethic within students, athletes, and people of all ages. Utilizing a growth mindset involves understanding the human brain and the learning process. In this workshop, we will discuss the benefits of a growth mindset, its connection to higher levels of success, and how a greater comfort in taking risks will help you reach your goals.
	Thursday, August 27, 2020	3 to 4 p.m.	