

Student Life Referral Guide for faculty and staff

Is the student in immediate mental or physical crisis?

Yes

Emergency services

911
Campus security 2400
The nearest emergency department

Distress Centre Durham
905.430.2522

Durham Mental Health Services
905.666.0483
1.800.742.1890

Good2Talk
1.866.925.5454

Ontario Shores crisis line
1.800.263.2679

No

Mental health and emotional support:

Student Mental Health Services

905.721.3392

North Oshawa campus location
Shawenjigewining Hall (SHA),
third floor

Free and confidential counselling

Downtown Oshawa campus location
Charles Hall (CHA), second floor

studentlifeline@ontariotechu.ca

Academic anxiety or exam/learning related issues:

Student Learning Centre

905.721.8668 ext. 6578

North Oshawa campus location
SHA, second floor

Academic support and tutoring

Downtown Oshawa campus location
CHA, second floor

studentlearning@ontariotechu.ca

Student Accessibility Services/Test Centre

905.721.3266

North Oshawa campus location
SHA, third floor

Services for students with disabilities

Downtown Oshawa campus location
CHA, second floor

studentaccessibility@ontariotechu.ca

Anxiety regarding career and employment:

Career Centre

905.721.3266

North Oshawa campus location
SHA, second floor

Career counselling, co-op and workshops

Downtown Oshawa campus location
CHA, second floor

careercentre@ontariotechu.ca

Issues with courses or questions about program of study:

Office of the Registrar

905.721.3190

North Oshawa campus location
Software and Informatics
Research Centre

connect@ontariotechu.ca

Academic Advising

academicadvising@ontariotechu.ca
ontariotechu.ca/advising