Ontario Tech University

Leadership Foundations



Leadership Foundations

The Leadership Foundations Program is designed to provide student leaders across Ontario Tech University with a common baseline of leadership training. Originally developed as a complement to our Level 1 Ambassador Training modules, the program has been adapted to be more widely accessible for a variety of student leadership positions. This ensures that all leaders on campus have the opportunity to develop core skills and a shared language of leadership.

Through a series of asynchronous online modules, students engage with content that helps them build the knowledge and confidence needed to support campus events, initiatives, and activities. The program emphasizes both personal growth and community impact, preparing student leaders to make meaningful contributions during their time at Ontario Tech and beyond.

The program is structured around five key outcomes:

Civic Engagement

Explore social responsibility as it relates to societal systems of power and oppression.

Cognitive Complexity

Develop critical thinking skills through creative problem solving.

Intrapersonal Development

Practice refection in order to increase self understanding.

Interpersonal Development

Cultivate interpersonal skills through collaboration and teamwork.

Knowledge Acquisition

Demonstrate an ability to understand, connect and construct knowledge.

Leadership Foundations is designed to give student leaders across Ontario Tech a common baseline of leadership training. While the program is anchored in five overarching outcomes, the learning is delivered through six domains that shape the training modules. Each domain contains specific learning outcomes that connect back to one or more of the program's overarching outcomes. This structure ensures that students develop a broad set of leadership skills while also seeing how different aspects of leadership — such as communication, equity, and reflection — are interconnected.

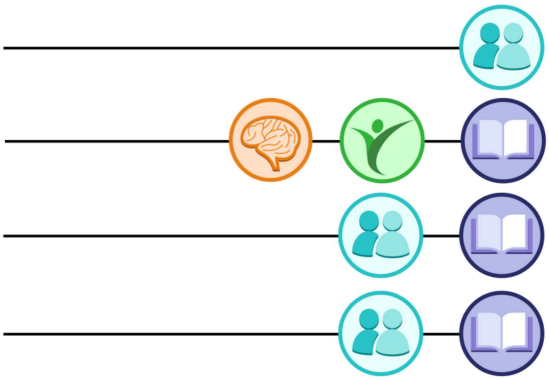
Leadership

Define effective leadership.

Discover and analyze your unique leadership style.

Discuss individuals who demonstrate effective leadership.

Give examples of how the Leadership Foundations program can demonstrate effective leadership.



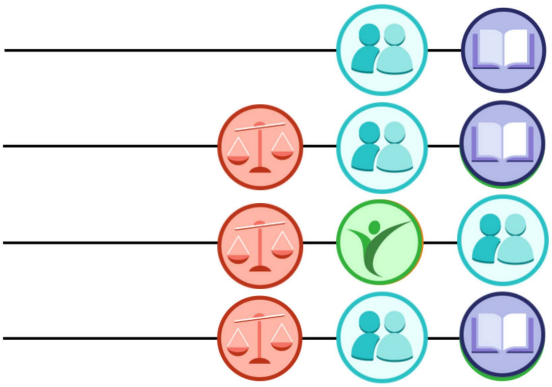
Community

Demonstrate team building skills through collaborative activities.

Discuss techniques to establish, foster, and build trust.

Create strong relationships with team members.

Demonstrate how to lead and motivate others.

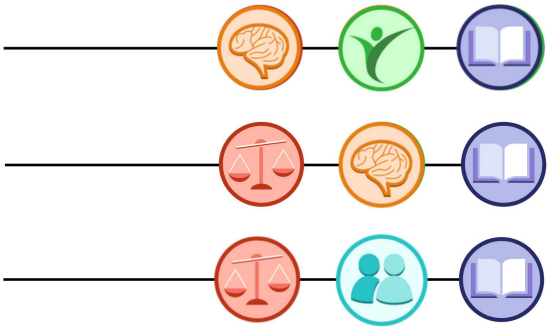


Communication

Identify on campus supports that aid in your success.

Recognize challenges that incoming students experience.

Demonstrate how to make a referral to campus supports services.



By the end of the program, participants will have a strong foundation they can apply to their roles, academics, and future careers, helping to build a more connected and inclusive Ontario Tech community.

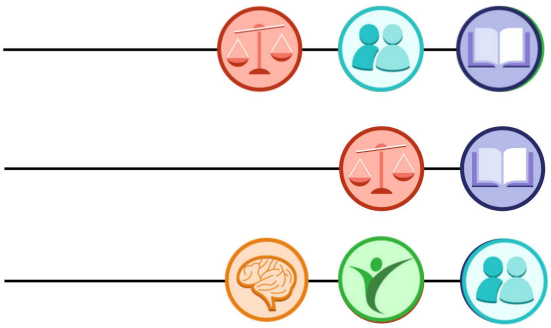
Civic Engagement | Cognitive Complexity | Intrapersonal Competence | Interpersonal Competence | Knowledge Acquisition

Equity

Discuss options that can be used to intervene when discriminationandharassmentareobserved.

Describe how to prevent and address discrimination, and harassment.

Identify interventions to be used in situations of discrimination and harassment.

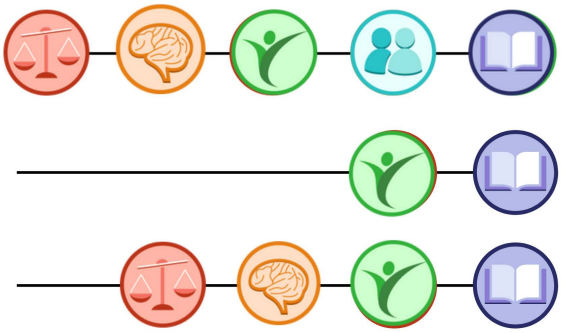


Reflection

Discuss how personality styles influence relationships.

Identify your personality style.

Reflect on the connection between your personality style and leadership skills.



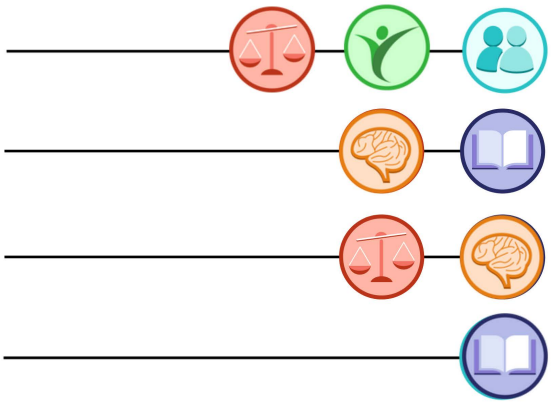
Cultural Safety

Consider actions you can take to further reconciliation.

Discuss the tragedy caused by residential schools and the lasting impact.

Identify the importance of cultural safety in supporting Indigenous communities.

Reflect on current knowledge about Canada's Indigenous peoples.



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