

WEDNESDAY, MAY 10, 2017

8 a.m. to 5:30p.m. University of Ontario Institute of Technology (UOIT)
Oshawa, Ontario

OPENING

8 to 9 a.m. **Registration and continental breakfast**

9 to 9:30 a.m. **Introduction and opening**
Moderator: Dr. Douglas Holdway, Interim Vice-President Research, Innovation and International, UOIT
Speaker: Dr. Tim McTiernan, President, UOIT

FORUM ONE: MENTAL HEALTH OF VULNERABLE POPULATIONS

9:30 to 10:30 a.m. **Moderator: Dr. Wendy Stanyon** – Associate Professor, Faculty of Health Sciences, UOIT
Speakers:

- **Jennine Agnew-Kata** - Executive Director, Literacy Network of Durham
- **Daniel Desjardins** - Captain, Military Faculty, Royal Military College
- **Inspector Bruce Townley** - Inspector of Community Safety, Durham Regional Police Services in charge of the Mental Health Support Unit

10:30 to 11 a.m. **Network break - Mindful yoga**

FORUM TWO: OCCUPATIONAL HEALTH AND WELL-BEING

11 a.m. to noon **Moderator: Dr. Bernadette Murphy** – Professor, Faculty of Health Sciences, UOIT
Speakers:

- **Dr. R. Nicholas Carleton** - Professor of Psychology at the University of Regina, Scientific Director of the Canadian Institute for Public Safety Research and Treatment
- **Dr. Pierre Côté** - Canada Research Chair in Disability Prevention and Rehabilitation and Associate Professor, Lead for UOIT's Student Mental Health Awareness Research Team (U-SMART)
- **Dr. Cindy Malachowski** – Occupational therapist and Psychiatric Rehabilitation Practitioner (CPRP)

KEYNOTE SPEECH AND LUNCH

Noon to 1:30 p.m. **Introductions and remarks: Dr. Tim McTiernan, President, UOIT**
Keynote speaker: Lieutenant General the Honourable Roméo A. Dallaire

FORUM THREE: PHYSICAL ACTIVITY AND HEALTHY COMMUNITIES

Moderators: Drs. Shilpa Dogra and Caroline Barakat-Haddad – Assistant Professors, Faculty of Health Sciences, UOIT

Speakers:

1:30 to 2:30 p.m.

- **Dr. Catherine Sabiston** - Canada Research Chair in Physical Activity and Mental Health, Professor, University of Toronto
- **Dr. Melanie Stuckey** - Research Department, Ontario Shores Centre for Mental Health Sciences
- **Tara Zupancic** - Founder and Director of Habitus Research

2:30 to 3 p.m.

Network break - Mindful yoga

FORUM FOUR: HEALTH TECHNOLOGY AND QUANTIFYING HEALTH

Moderator: Dr. Carolyn McGregor – Canada Research Chair in Health Informatics, Professor, Faculty of Business and Information Technology, UOIT

Speakers:

3 to 4 p.m.

- **Bridgette Atkins** – Educational Developer, UOIT
- **Paul McGary** - Director of Mental Health at Lakeridge Health with expertise on the Big White Wall project
- **Dr. Diana Petrarca** - Associate Professor, Faculty of Education, UOIT
- **Dr. Michael Williams-Bell** – Professor, Durham College and Adjunct Professor, Faculty of Health Sciences, UOIT

CLOSING

4 to 4:30 p.m.

Introductions and remarks: Dr. Douglas Holdway - Interim Vice-President Research, Innovation and International, UOIT

Keynote speaker: Mr. Neil Pasricha - Author

4:30 to 5:30 p.m.

Reception