



Finding your fit

Is your transition to university more challenging than you thought it would be? We're here to help, every step of the way!

Check out our available resources to see how you can get your education heading in the right direction:

Speak to your Academic Advisor

Your academic advisors are a key support during your student journey. From helping you choose courses, to providing program and career advice, they can help guide you in the right direction.

[Book an appointment today.](#) >

Learn from your peers

Struggling with course content or finding the right fit in your program? Talk to your friends and family. If you're feeling unsure, you're not alone.

[Check out this blog post by Rida Warsi about her personal journey to finding her fit at university.](#) >

Research financial aid options

If the financial burden of your education has you stressed—bursaries, scholarships and awards can help off-set costs.

[Book a one-on-one appointment with a Financial Aid Officer to see what options are available for you.](#) >

Consider your course load

Finding it hard to focus on all of your classes? A reduced course load may help you manage your time and earn the grades you're capable of.

[Before changing your schedule, always talk to your Academic Advisor.](#) >

Seek Career counselling

One way to help figure out what you want to study in university is by thinking about your future career. Talking to an expert can help.

[Book an appointment with a Career Counsellor.](#) >



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