

# Ridgeback Report



- [Student Course Feedback Surveys](#) for the Fall term are available **Monday, November 21 to Monday, December 5**. Do you have comments or concerns about your courses? [Share your feedback with us](#) and help improve your student experience. You will be entered into a draw for a chance to win 1 of 5 \$75 gift cards.

## Academic Support



- The Teaching and Learning Centre's (TLC) Open Education Lab will host peer support sessions for students who would like assistance with educational technologies including: Kaltura, Canvas, G Suite, Respondus, and Turnitin. Support sessions will run from Tuesday November 15 to Thursday December 1. No registration is required! A [detailed schedule of drop-in sessions](#) is available on the TLC's website.
- Do you have a 60 per cent or lower in a class? Protect your GPA by checking out the [Student Learning Centre](#) resources, they have one-on-one tutoring, study halls, time management workshops and more. You should also book an appointment with your [Academic Advisor](#) to see what your best path for success is. The deadline for dropping a class has been extended to **Monday, December 5** so take advantage of this time to reach out for support!
- Are you looking for assistance with time management and general study skills? The Student Learning Centre's **STRIDE** program provides workshops and appointments for you to learn strategies, and success tips! [Learn more](#).

## Career Readiness



- [Wavemakers](#) is an 8-session, free, work-integrated learning program held in a virtual reality campus, designed for Canadian post-secondary students to gain real work experience and develop the skills employers are looking for! [Apply today!](#)
- The Career Centre has a variety of workshops that are designed to help students who are job searching, going to work for the first time, or entering a new workplace. [Learn more and register](#) for a fall workshop today!
- The Career Centre has services available to support you in various ways. Book an appointment on the [StudentLifePortal](#) for any of our [one-on-one](#) supports including career counselling and employment advising.
- **The Career Centre** and **Devant** have joined together to provide career supports for international students. [Check out, and register](#) for all the great workshops that are happening in November.

## Community



- In collaboration with the university's Career Centre, Indigenous Education and Cultural Services is inviting you to participate in our **Ambe Wii Nookiiwin Career Development Program**. There are four sessions in the series and each session welcomes an Ontario Tech Indigenous alumni student, who will be sharing their journeys through university and into their current careers. **Check your .net email** for information on how to register.
- The Bannock and Books October book club featured author is Jesse Wendt. We will be reading **Unreconciled: Family, Truth, and Indigenous Resistance**. Join us for the Sharing Circle on **Monday, December 5 from 6 to 7:30 p.m.** at the First Peoples Indigenous Centre at Durham College. We will be serving Bannock! [Register](#) to receive your copy of the book and to attend the Sharing Circle.
- **Student Mental Health Services** continues to offer a range of groups, workshops and events to support your mental health. If you would like to participate in one or more groups you can [register](#) now.
- **Recovery College** is a collaboration between Ontario Tech University and Ontario Shores Centre for Mental Health Sciences. Three courses will be held over the winter semester and will provide education about mental health and wellness, and help people to discover or rediscover passion, hope and

meaning. To view the course descriptions and register, [visit the mental health groups web page](#).

# Equity and Inclusion



- The [16 Days of Activism Against Gender-Based Violence](#) campaign is running November 25 to December 10. To start the campaign, join us for a panel discussion about gender-based violence and the cultural experience and what institutions can do to create informed, safe(r) spaces to support individuals on our campus. [Register](#) to attend. Follow [@otstudentlife](#) to learn more and be a part of the discussion.
- Join the Anti-Ableism Equity Advocate team on Tuesday, November 29 from 5 to 6:30 p.m. for a hybrid workshop! Learn and discuss invisible disabilities, how ableism affects those with invisible disabilities and Spoon Theory. All participants will be entered into a raffle for a chance to win a Tim Hortons gift card! Join us in person in UB 2080 or through Google Meets. [Learn more and register on the Student Life Portal](#). Staff and faculty members interested in attending can visit the [Human Resource Learning and Development webpage](#).
- **#Let's Talk Sex Workshop Series**. In response to student feedback provided to the Student Sexual Violence Prevention and Support Committee, Student Life has invited the AIDS Committee of Durham Region to deliver some [workshops](#) to provide education and destigmatization around topics of sex and sexuality. Part of building a culture of consent and respect on campus is providing space for conversations like these.
- **RISE** (Respecting Individuals, Supporting Equity) sessions are scheduled throughout the winter semester. The RISE Program is a suite of workshops that provide training and education on what participants can do on an individual level to foster a safer and more inclusive community at Ontario Tech. [Learn more and register](#).
- **Student Centred Spaces** including Pride Space, Racialized Women, our Breaking Barriers series and Trans and and Non-Binary student centre space are running throughout the fall. Learn about equity topics in open discussion groups or discuss your experiences with those who may share them in a closed Student Centred Space. [View the available groups and register for sessions](#).
- **Afternoons with SEE** run weekly on **Tuesday's from 2 to 4 p.m. in SHA 210**. All students are welcome to drop in and join the Student Engagement and

Equity team to hang out, play games, meet others and enjoy refreshments.

## Athletics and Wellness



- Attend a Ridgebacks home game and win big!!! At every Ridgebacks hockey and basketball game, Hunter will be there giving away free food. Also, have a chance at winning \$5,000 at every basketball home game courtesy of the OTSU. The full [schedule is online](#) or follow us on [Instagram](#).
- What's with the hard helmets? A fan at every Ridgebacks basketball and hockey home game this season will win a hard helmet and be named the hardest working fan. All of our hardest working fans will be invited back to a home game in February for a grand prize draw!
- Join Ontario Tech students for monthly interactive cooking workshops! Learn how to prepare quick, easy, inexpensive and healthy recipes from various cultures. All students are welcome regardless of their skill level in the kitchen and all ingredients will be provided to students free of charge. [Register for an upcoming workshop on the Health Promotion Event page](#).
- Get moving, get grounded and get lifted! **Wellness Walks** is a free and fun opportunity that promotes physical and mental health by getting mindful walking breaks during the busy school, and workday. [Learn more](#).
- [Campus Health and Wellness Centre](#) is offering HPV vaccinations in collaboration with Durham Region Public Health and Merck Canada. By getting your HPV shot you can help prevent certain HPV-related cancers and diseases. Recent directives have extended OHIP coverage to those who were born in the years 2002, 2003 and 2004. To those not born in those years – check your school or personal health insurance plans for coverage details. [Book an appointment](#) with us today to discuss HPV prevention and find out if HPV vaccination is right for you.

## Money Matters



### Ontario Student Assistance Program (OSAP)

- [Apply to OSAP](#), if you haven't done so already for this school year.

- Ensure that your winter semester course load matches with your OSAP application. If it does not, this will delay the release of your winter funding in January.
- Continually monitor the status of your OSAP application and remember to make all necessary updates with the [SAFA office](#).
- Continually monitor the status of your OSAP application and remember to make all necessary updates with the Student Awards and Financial Aid office.

### Student Awards

- Bursary information can be found on [MyOntarioTech](#), on the Student awards and financial aid tab within the Current students area.
- Check [MyOntarioTech](#) for fall term payment deadlines and your tuition account balance.

### Financial Literacy Month Workshops

- November is [Financial Literacy Month](#) and SAFA will be hosting external virtual workshops the week of November 21. Each session, attendees will automatically be entered into a giveaway for a gift card! [Register](#) to let us know you'll be attending.

## Other News



- The [OTSU's AGM](#) will be on **Thursday, November 24 at 6 p.m. in UA 1350**. This is students' opportunity to speak out about something that the OTSU can address, and improve the student experience for everyone on campus! To take part in the AGM, you can [make proposals](#) and [register to attend](#).



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11/14/22, 9:15 AM

Ridgeback Report

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