Not rendering correctly? View this email as a web page here.



Ontario Tech alumni develops ultimate GPS app for Black and allied-owned businesses

 Student Life sat down with Ontario Tech alumni Joe Harry—Founder of the Global Black Alliance and RealOnes—to learn more about his business, his team and experiences as an Ontario Tech student. Read the full story on the Digital Community to learn more about his mission to promote Black excellence and build a strong community of allies.

Academic Support

- Students enrolled in the spring/summer semester: Download your coursespecific software.
- Laptop standards are coming! If you wish to purchase a new laptop for the 2023-2024 academic year, visit the <u>IT Services website</u> for details starting in June.

Career Readiness



- On Wednesday, May 24, Deloitte is hosting a Career Pathways and Networking event in the Wavemakers Virtual Campus from 3:30 to 5:30 p.m.! You'll have the opportunity to meet team members from Deloitte, make direct connections and learn about Deloitte team members hands-on experience in their career journeys. All students are welcome! Register to reserve your spot.
- Deloitte, IB, D2L, Lululemon and more top Canadian employers will be recruiting for internships and open career roles at the Wavemakers Virtual Career Fair on Wednesday, May 31. Don't miss out on this great opportunity. Learn more and register.

Ridgeback Report

 The Career Centre has a variety of workshops that are designed to help students who are job searching, going to work for the first time, or entering a new workplace. Learn more and register for a workshop today! You can also book an appointment on the Student Life Portal for any of our one-on-one supports.

Community



- Indigenous Education and Cultural Services will be hosting a variety of programming and educational opportunities throughout the month of June in honour of National Indigenous History Month. June is a month to engage in learning about truth and history from our Indigenous communities, nations and folks from across Turtle Island. All faculty, staff and students are encouraged to attend. Learn more and register.
- Want to be more involved in your school community? Become an Orientation Leader! These students will be responsible for providing leadership, building community and promoting new student learning during Orientation. Learn more and apply.

Equity and Inclusion

- Show your pride and attend the Together Always, United in Diversity: Pride lunch and carnival at South Village Courtyard from 10:30 a.m. to 2 p.m. on Wednesday, May 31. In collaboration with Durham College, join us for a day supporting our 2SLGBTQIA+ community. There will be drag performances, carnival games and food! All faculty, staff and students are welcome to attend! Learn more.
- In the latest Road to Equity podcast episode—Growing Together: Mental Health and Wellness—your co-hosts interview each other as they reflect on navigating their mental health during exam season, the importance of mental health, breaking down stigmas and learning from each other's coping strategies. Listen to the latest episode on Spotify.

 #Let'sTalk Sex Workshop Series: In response to student feedback provided to the Student Sexual Violence Prevention and Support Committee, Student Life has invited the AIDS Committee of Durham Region to deliver some workshops to provide education and destigmatization around topics of sex and sexuality. View the schedule and register.

Athletics and Wellness

- Recovery College is a collaboration between Ontario Tech University and Ontario Shores Centre for Mental Health Sciences. The two courses that will be held over the spring/summer semester are Let's Act on It: Managing Stress and Wellness through Words: Book Club. To view the course descriptions and register, visit the mental health groups web page.
- Could you use a bit of stretch-and-unwind at the end of each week? Yoga is an ancient and evidence-based practice that can help you to unwind your nervous system. Sessions will be held virtually through the spring/summer semester on Fridays from May 26 to August 18 from 1:15 to 2 p.m. To derive the greatest benefit from this practice, you will need a quiet space and a yoga mat. Register to attend!
- Get moving, get grounded and get lifted! Wellness Walks is a free and fun opportunity that promotes physical and mental health by getting mindful walking breaks during the busy school, and workday. <u>Visit the Health Promotions</u> website for spring/summer dates.
- Check out Ontario Tech's Health and Wellness Recipes book. Have a recipe you want to share with the university community? Submit it to us to have it featured in upcoming promotional materials!

Money Matters



Ontario Student Assistance Program (OSAP)

 The 2022/2023 OSAP Extension Form is now available on MyOntarioTech! To access the form, select current students, find the student awards and financial aid tab, and scroll down to OSAP Forms. Do not apply through the OSAP website.

Ridgeback Report

- If you are an OSAP student planning to take full time classes in the spring/summer term(s) (3 classes in total), you will need to complete an OSAP Extension Form once you are officially registered for your classes.
- If you're planning to study part time during the spring/summer months, please apply for **part time OSAP funding** via the OSAP website.

Student Awards

 If you are a registered spring/summer student, there are bursary application opportunities for you within <u>MyOntarioTech</u>. You can also check for spring/summer term payment deadlines on <u>MyOntarioTech</u> as well.

Other News



- The Ontario Tech Libraries are now operating on summer hours! The North Oshawa Campus Library will be open Monday to Thursday from 7:45 a.m. to 9
 p.m. and Friday 7:45 a.m. to 4:30 p.m. The Social Science, Humanities and Education Library will be open Monday to Friday 8 a.m. to 4 p.m. Both Libraries will be closed on weekends. Visit our website for more information.
- Calling all new grads! If you're set to graduate this June, we know looking for jobs can be challenging and overwhelming. That's why we've created <u>iLaunch</u>, a conference for new grads designed to help you launch into the next phase of your career. Get job prep ready and join us on Wednesday, June 14 from 8 a.m. to 4 p.m. for a series of informational workshops, to learn practical work-readiness skills, and to meet and network with employers! Learn more and register.

Student Life Services

 Student Life offers a range of services and supports to students outside of the classroom. If you're looking for academic support, career guidance, accommodations and more, our services will be available during the spring and summer months! Visit our website for more information.

Digital Ucard

- If you have not submitted your photo for use in your digital Ucard, visit our <u>Ontario</u> <u>Tech Ucard web page</u> for instructions. Follow our <u>photo upload requirements</u> to avoid having your photo rejected.
- Without a photo, your digital Ucard is **invalid** and will not be considered an acceptable form of ID for exams, tests, etc.

Ridgeback Report

To access your digital Ucard, download and sign into the Ontario Tech Mobile app.

Universal Transit Pass (U-Pass)

- The U-Pass fee will be charged each semester to eligible, full-time students.
- The spring/summer U-Pass is valid from May 1 to August 31 and accessible through the PRESTO E-Tickets app. Once distributed, an email will be sent to eligible students' ontariotechu.net email account.
- For more information, visit our U-Pass web page.

 You received this email because you are subscribed to Ontario Tech University information from Ontario Tech University.

 Update your email preferences to choose the types of emails you receive.

 Unsubscribe from all future emails