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Ridgeback Report

We're revamping our current student-run blog and want your valued input!
Participants will have the option of entering a draw for the chance to win a \$50
Amazon eGift card! Complete the Digital Community Feedback.

Academic Support



- Student Accessibility Services (SAS) students: If you are already registered with SAS, you can write your exams at the Test Centre. You will need to book your exam with us to do so. Book your exam in the Stepped Care suite, Shawenjigewining Hall, Rooms 322 and 323 on Wednesday, March 22 from 8 a.m. to 4 p.m.
- The <u>Student Learning Centre</u> is offering <u>PASS</u>—weekly review sessions available for historically challenging courses. These sessions are led by your peers, who have previously taken these courses and have achieved an **A** grade or higher. They attend the class all over again and go over the difficult concepts with you in an interactive learning environment! View the <u>PASS</u> schedule to see if your course is being covered this semester.
- Are you looking for assistance with time management and general study skills? The Student Learning Centre's STRIDE program provides workshops and appointments for you to learn strategies, and success tips! Learn more.
- Have you heard of the Student Experience Record (SER)? SER is a comprehensive record of your involvement in co-curricular experiences throughout your Ridgeback journey. It's used to highlight your diverse university experiences, and showcases your personal involvement and commitment to growing outside of the classroom. As you apply for jobs, future education or volunteer experiences, your SER will be a great tool to showcase soft skills that are important to employers in today's market! The deadline to add positions to your SER is Monday, May 1. Access your SER and learn more.

Career Readiness



- Looking to level up your skills this winter semester and enhance your resume for Spring/Summer job opportunities? Join <u>Wavemakers</u>! It is a free, part-time, eight-session, virtual reality work-integrated learning program designed for post-secondary students that fits into your schedule. The program includes a virtual Career Fair that connects you with employer partners like Deloitte, IBM, BMO and more! Sign up for an upcoming cohort.
- If you're looking for summer employment, the Career Centre is hosting the Summer Job Fair on Tuesday, March 28 from 10 a.m. to 2 p.m. in Shawenjigewining Hall, Atrium. Get the chance to meet and connect with employers and apply for jobs on the spot! Learn more.
- The Employment Readiness Program, running until March 27, is a series of workshops designed to teach students practical job readiness skills and skills for navigating the workplace with success. Students who attend the workshop series will have access to additional one-on-one peer support with an Employment Peer Coach who can help address career-related concerns. Learn more and register.
- The Career Centre and Devant have joined together to provide career supports for international students. <u>Check it out, and register</u> for all the great workshops that are happening in March.
- The <u>Career Centre</u> has updated their MyStart activities on Canvas! For anyone who is looking for resumé, interview, or job search help, make sure you check out the new modules. You can participate in a monthly activity challenge to be entered into a draw to win a **gift card**! Sign into Canvas for all the details.
- The Career Centre has a variety of workshops that are designed to help students who are job searching, going to work for the first time, or entering a new workplace. Learn more and register for a winter workshop today! You can also book an appointment on the Student Life Portal for any of our one-on-one supports.





- Ontario Tech Student Union (OTSU) Society Elections Your society's candidates have been declared! Ensure your voice is represented by voting for a candidate that will support your needs. The OTSU Society Elections voting period is March 20 to 22. View the candidates and vote on the OTSU elections web page.
- The library's <u>Seed Exchange</u> opens Wednesday, March 15. Visit any of our campus libraries, choose up to five packets of seeds and plant, grow, enjoy, and share! Seed variety differs in each location and may change on availability. Donations are always welcome, however we do not accept corn, soy, canola, or rose seeds. Any controlled substances are unacceptable.
- Mark your calendars because the <u>Three Minute Thesis (3MT®)</u> is back! Tune in to see our grad students explain their research and its impact in three minutes or less, as they compete for a chance to represent the university at the provincial competition. Join us for the finals on **Thursday, March 23 at 1 p.m.** Check out the competition via livestream!
- The free, online Including Disability Global Summit (IDGS) is taking place this year from April 25 to 27. The theme for the 2023 summit is HopePunk: preserving, building community and chasing hope—what can we do now so that the future is far better than the present for people with disabilities? Registration for the summit will be released soon; in the interim, join the IDGS listserv and receive pertinent updates. IDGS is also enlisting the help of summit volunteers.
- Conversation Café runs on Thursday's from 3 to 4:30 p.m. in Shawenjigewining Hall, Room 223. This is an opportunity to meet international students and learn about other cultures as well as a chance to practice English speaking and listening skills. Visit the <u>Student Life Portal</u> to view the schedule, register in advance if possible, or sign in before you join.
- Student Mental Health Services continues to offer a range of groups, workshops and events to support your mental health. If you would like to participate in one or more groups you can register now.
- Student Mental Health Services has partnered with <u>The LivingRoom</u> <u>Community Art Studio</u> to give students a creative break and enjoy some selfcare. The Creative Wellness Hive is a chance for students to make and share art for free! If you see the blue bus on campus, stop by for some fun and learn more about campus supports and services. To view upcoming dates, <u>visit the</u> Mental Health workshops and events web page.

Equity and Inclusion



- In collaboration with Ontario Tech EngiQueers, Student Engagement and Equity will be hosting Study with Pride! All 2SLGBTQ+ students and allies can come together, support each other and create a community of belonging. Snacks will be provided. For more information, visit the equity groups and workshops web page.
- Join our Student Engagement and Equity team on Tuesday, March 21 in the Shawenjigewining Hall, Atrium from 11 a.m. to 2 p.m. for International Day for the Elimination of Racial Discrimination. There will be an information booth and trivia for all students, staff and faculty to learn more and advocate against racial discrimination. For more information, visit the equity events web page.
- The Student Engagement and Equity Level 4 Ambassadors are hosting their annual Student Leadership Conference: Leadership & Self-Love, on Saturday, March 18 from 10 a.m. to 2:30 p.m. Check-in will begin at 9:30 a.m. in Shawenjigewining Hall, Room 133. This year's conference will cover topics such as imposter syndrome, public speaking and communication and leadership empowerment. Special guests include Ontario Tech Toastmasters and Enactus groups. Pizza lunch and snacks will be provided. Register by Friday, March 17 at noon to reserve your spot.
- On Tuesday, April 4 from 2 to 4 p.m. Student Engagement and Equity have partnered with the Ontario Tech Student Union and the Student Learning Centre for a special Afternoons with SEE: Exam Prep Edition. Join the team in Shawenjigewining Hall, Atrium and Charles Hall, Atrium to give out exam fuel snack bags, provide board games, music, and exam prep/study skills support.
- A new episode of the <u>Road to Equity podcast</u> is out now! The latest episode is all about celebrating culture and how as student leaders, each of the panelists takes the lead in their respective groups to create safe spaces for other students on campus. Listen to the episode on Spotify.
- #Let'sTalk Sex Workshop Series: In response to student feedback provided to the Student Sexual Violence Prevention and Support Committee, Student Life has invited the AIDS Committee of Durham Region to deliver some workshops to provide education and destigmatization around topics of sex and sexuality. View the schedule and register.

- **RISE** (Respecting Individuals, Supporting Equity) sessions are scheduled throughout the winter semester. The RISE Program is a suite of workshops that provide training and education on what participants can do on an individual level to foster a safer and more inclusive community at Ontario Tech. Learn more and register.
- Student Centred Spaces are running throughout the winter term. Learn about equity topics in open discussion groups or discuss your experiences with those who may share them in a closed Student Centred Space. View the available groups and register for sessions.

Athletics and Wellness

- The Ontario Tech and Durham College basketball teams will be squaring off in the first annual Campus Clash on Wednesday, March 15 at 6 and 7 p.m. in Gyms 3, 4 and 5. Visit goridgebacks.com for more information on the big games!
- Get moving, get grounded and get lifted! **Wellness Walks** is a free and fun opportunity that promotes physical and mental health by getting mindful walking breaks during the busy school, and workday. Learn more.
- As part of Health Promotions programming, there are a number of events and workshops that you can attend to learn skills and tips on how to improve your health and well-being. Learn more and register on the Health Promotions events and workshops web page.

Money Matters



Ontario Student Assistance Program (OSAP)

The 2022/2023 OSAP Extension Form is coming soon! If you are an OSAP student planning to take full time classes in the Spring/Summer term(s) (three classes in total), you will need to complete an OSAP Extension Form once you are officially registered for your classes. Information will be available on MyOntarioTech beginning of April. Do not apply through the OSAP website.

Student Awards

- The 2023 Summer University Works application is now available for full-time undergraduate students. To apply, please visit <u>MyOntarioTech</u> under the current student section. Click on the student awards and financial aids tab, navigate down to the student awards and financial aid box and select **Apply for** University Works.
- Please note the International University Works program is highly competitive, with a large number of applicants and a limited number of positions. Therefore, acceptance into the program is not guaranteed. In the event the maximum number of applicants has been reached, the application may close prior to the deadline.

Other News



Universal Transit Pass (U-Pass): The U-Pass fee will be charged each semester to eligible, full-time students. The winter U-Pass is valid from January 1 to April 30, and accessible through the PRESTO E-Tickets app. Once distributed, an email will be sent to eligible students' ontariotechu.net email account. For more information, visit our U-Pass web page.

Tech

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