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Ridgeback Report



- You've worked hard this year—you deserve a reward! Come to the first annual Advising Coffee House on **Wednesday, March 20 from 3 to 5 p.m. in Charles Hall, Room 104**. By attending, you'll get:
 - A chance to meet your academic advisors.
 - Free coffee and tea.
 - Have a chance to win a gift card.
 - Live musical performances from campus members.
 - To browse Kop's records pop-up shop.
- [Learn more and reserve your spot.](#)

Academic Support



- The [North Oshawa Library](#) will be open late during exams from **Monday, March 18 to Sunday, April 21!** The updated hours of operation are **Monday to Friday from 7:45 a.m. to midnight (the Service Desk will close at 9 p.m.) and weekends from 10 a.m. to 6 p.m.** Come study with us!

Please note: The Library will close early at **9 p.m. on Friday, March 22** and will be closed on **Friday, March 29**.

- Join us for Long Day Against Procrastination on **Thursday, March 21 from noon to 5 p.m.** This event—held both **online and in person in Shawenjigewining Hall**—offers academic support like writing assistance, exam preparation tips and time management strategies. Don't miss out on mental health workshops and a socializing break at Conversation Café, as well! [Learn more and register for a workshop.](#)
- Looking for a new study space on campus? The Student Learning Centre is now offering Focus Fridays! The Learning Lab in **Shawenjigewining Hall, Room 223** has been converted into a drop in style study hall on **Fridays from 9:30 a.m. to noon and 1 to 4 p.m. until April 12**. Stop by for a productivity boost with structured Pomodoro study sessions, and learn new study tips to enhance your focus and efficiency!
- The [Student Learning Centre](#) offers services throughout the winter semester, including peer tutoring, math and science support. You can book an appointment on the [Student Life Portal](#) or visit the website to find drop-in times.
- Looking for writing support? The [Student Learning Centre](#) has one-on-one consultations, peer tutoring, same-day appointments and workshops. We can help with essays, final projects, literature reviews, referencing, thesis statements and more! Book an appointment by visiting the [Student Life Portal](#).
- Have you heard of the [Student Experience Record \(SER\)](#)? SER is a comprehensive record of your involvement in co-curricular experiences throughout your Ridgeback journey. It's used to highlight your diverse university experiences and showcases your personal involvement and commitment to growing outside of the classroom. As you apply for jobs, future education or volunteer experiences, your SER will be a great tool to showcase soft skills that are important to employers in today's market! The deadline to add positions to your SER is **Wednesday, May 1**. [Access your SER and learn more.](#)

Career Readiness



- Join us on **Tuesday, March 19 from 6 to 8 p.m.** for **Exploring Careers in Education**—a virtual workshop open to all students. By attending, you'll have the opportunity to explore career options in the field of education, beyond traditional kindergarten to grade 12 teaching roles. [Register](#).
- The [Employment Readiness Program](#), running **Tuesdays from February 6 to March 26**, is a series of workshops designed to teach students practical job readiness skills and skills for navigating the workplace with success. Students who attend the workshop series will have access to additional one-on-one peer support with an Employment Peer Coach who can help address career-related concerns. [Learn more and register](#).
- Lights, camera, careers! Join us at the Film and Television Industry Career Fair on **Monday, March 25 from 11 a.m. to 1:30 p.m. at the Campus Recreation and Wellness Centre**. Explore exciting opportunities, meet industry professionals and discover diverse roles from cinematography to accounting. Take the first step to discover the path to your dream career. [Learn more and register](#).
- If you're looking for summer employment, the Career Centre is hosting the **Summer Job Fair on Thursday, March 28 from 10 a.m. to 2 p.m. in Shawenjigewining Hall, Atrium**. Get the chance to meet and connect with employers and apply for jobs on-the-spot! [Learn more](#).
- The Career Centre and Devant have joined together to provide career supports for international students. [Check it out, and register](#) for all the great workshops that are happening in **March**.

- Embrace digital wellness with [Wavemakers!](#) Wavemakers is a free virtual career building program that gives you a head start to your career. Sharpen your skills, build your network and meet with top Canadian employers. Each student that participates has the chance to win a \$2000 scholarship. Don't miss out on this great opportunity and [apply today!](#)

Community



- Our [Open Education Lab](#) is hosting **Open Education (OE) March 18 to 22**, to raise awareness and celebrate the impact of open education on teaching and learning at Ontario Tech. [Check out the full OE schedule](#) and celebrate with us!
- **The Ontario Tech Student Union is hiring Board Directors** — Are you looking for a role that differentiates your experience and shows your commitment to community advancement? Apply to be the [Faculty of Engineering and Applied Science Board Director](#), or [Faculty of Health Sciences Board Director](#) with your student union today!
- Join this year's Level 4 Leadership Ambassadors as they present their workshop, **We Before Me—Nurturing Leaders with the Power of Community**. Enhance your team leadership skills by learning effective communication, encouragement and conflict resolution, and discover the art of knowing when to lead and when to step back for optimal team success. The workshop will be held on **Thursday, March 14 from 5 to 7:30 p.m. in Shawenjigewining Hall, Room 024**. Register on the [Student Life Portal](#).
- **Bannock and Books** will be offered as a weekly sharing circle every **Tuesday from May 14 to June 4, from 1 to 2:30 p.m.** This event will be available virtually and in person at Mukwa's Den. To ensure your participation, please note that the deadline for ordering books is **Friday, March 22**. Don't miss the

opportunity to join this enriching experience and contribute to the vibrant discussions on the chosen chapters. We look forward to your involvement in this engaging and inclusive event. [Learn more and register.](#)

- Want to relieve some stress as you study for final exams? Join us for Paint Night on **Wednesday, March 27 from 4 to 6:30 p.m. in the Mitch Frazer Atrium** for an evening of painting, snacks and socializing. It's a great way to relax, connect with friends and learn about the link between art and wellbeing. [Learn more and register.](#)
- March is Sustainability Month! To continue advancing environmental practices, education and awareness of sustainability on campus, the Office of Campus Infrastructure and Sustainability is hosting a series of events, workshops and panel discussions on topics like biodiversity, climate careers and more. For a full schedule of events, [visit the sustainability website.](#)
- Student Life is recruiting Orientation Leaders for the 2024-2025 term. [Visit the Leadership positions website](#) for more information including the volunteer description and to submit your application.
- [Conversation Café](#) runs on **Thursdays from 3:30 to 5 p.m. in Shawenjigewining Hall, Room 223.** This is an opportunity to meet international students and learn about other cultures as well as a chance to practice English speaking and listening skills. Visit the [Student Life Portal](#) to view the schedule, register in advance if possible, or sign in before you join.

Equity and Inclusion



- Afternoons with SEE run weekly on **Tuesdays from 2 to 4 p.m. in Shawenjigewining Hall, Room 210.** All students are welcome to drop in and

join the Student Engagement and Equity team to hang out, play games, meet others and enjoy refreshments.

- **#Let'sTalk Sex Workshop Series:** In response to student feedback provided to the Student Sexual Violence Prevention and Support Committee, Student Life has invited the AIDS Committee of Durham Region to deliver some workshops to provide education and destigmatization around topics of sex and sexuality. [View the schedule and register.](#)
- **RISE** (Respecting Individuals, Supporting Equity) sessions are scheduled throughout the winter semester. The RISE Program is a suite of workshops that provide training and education on what participants can do on an individual level to foster a safer and more inclusive community at Ontario Tech. [Learn more and register.](#)

Athletics and Wellness



- Tune into the newest podcast—**MindSpark: Ontario Tech** and embark on a journey of self-discovery, resilience and positive mental health. MindSpark is your go-to source for insightful discussions, expert advice and tips and tricks aimed at nurturing your mental wellness throughout your academic journey. You can find it on Apple Podcasts and Spotify. [Listen now.](#)
- Embark on the Elevate Connections Journey—a six-week support group crafted to uplift and empower you in your quest to overcome loneliness. Running on **Tuesdays from 1:30 to 3 p.m. starting February 27**. You'll engage in lively activities, share stories and acquire practical tools to enrich your social connections. [Learn more and register.](#)

- Get moving, get grounded and get lifted! **Wellness Walks** is a free and fun opportunity that promotes physical and mental health by getting mindful walking breaks during the busy school, and workday. [Learn more.](#)
- **Recovery College** is a collaboration between Ontario Tech University and Ontario Shores Centre for Mental Health Sciences. Two courses will be held over the winter semester and will provide education about mental health and wellness, and help people to discover or rediscover passion, hope and meaning. To view the course descriptions and register, [visit the Health Promotions web page.](#)
- [The LivingRoom Community Art Studio](#) has partnered with the university to give you a creative break and enjoy some self-care. The Creative Wellness Hive is a chance for you to make and share art for free! If you see the blue bus on campus, stop by for some well-deserved fun and to learn more about our campus supports and services. [Visit the mental health events web page for more information.](#)

Money Matters



Ontario Student Assistance Program (OSAP)

OSAP spring/summer Extension Form coming soon!

- If you're an OSAP student planning to take full-time classes in the spring/summer term(s) (three classes in total), you must complete an **OSAP Extension Form** once officially registered for your classes. The form and further information will be available on [MyOntarioTech](#) beginning of **April**. **Do not** apply through the OSAP website.

Student Awards

- The Summer University Works application is now available for **full-time undergraduate students**. To apply, please visit [MyOntarioTech](#) and go to the current student section. Select the student awards and financial aid tab, navigate down to the student awards and financial aid box and **select apply for University Works**.
- **Please note:** The International University Works program is highly competitive, with many applicants and a limited number of positions. Therefore, acceptance into the program is not guaranteed. In the event the maximum number of applicants has been reached, the application may close before the deadline.

Other News



- Drop in for 3D Printing workshops **Thursdays in LIB 132 at the North Oshawa Library**. Whether you want to learn the basics or bring your 3D printing project to the next level, [learn more and register for an upcoming workshop](#).
- The Library's [Seed Exchange](#) opens **Monday, March 18**. Visit any of our campus libraries, choose up to five packets of seeds and plant, grow, enjoy and share! Seed variety and availability may differ at each location. Donations are always welcome, however donations of seeds from corn, soy, canola, rose, or controlled substances are not accepted.



Tech

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