

Ridgeback Report



- Complete the **voluntary** [Ontario Tech Student Communication Survey](#) and be entered into a draw for a chance to win **1 of 5 \$50 Amazon eGift cards**. The survey will take approximately 10 minutes to complete. The answers collected will be used to ensure future communication planning at the university is meeting the needs of our students!

Academic Support



- Exam season is starting soon! Use this helpful [online exam checklist](#) to prepare for your online exams and help reduce your stress.
- **Registration** for spring/summer courses will open on **Wednesday, April 6** depending on your [earned hours](#). We've updated our registration process to make things easier for you. Check our [Course registration guide](#) for details on:
 - Registration start times
 - Previewing available courses
 - Checking your earned hours
 - Important dates and deadlines
 - Helpful resources

Note: If you are an eligible Student Accessibility Services (SAS) student and early registration is listed as one of your accommodations, registration will open on Tuesday, April 5. Please confirm with the [SAS department](#).

- In May, the **Brilliant Catalyst** will launch another cohort of the [Brilliant Incubator Program](#)! Running from May to August, this program is designed to help students build and grow their own companies. The Brilliant Incubator accepts business ideas in any: industry, type (for-profit or non-profit) and stage (ideation, MVP, etc.). To hear from 3 students who have gone through the program watch this [2 minute video](#). The deadline to apply is **Sunday, April 17**, and the program begins on **Monday, May 2**. Contact [Connor Loughlean](#) for more information and to apply.

- The Student Learning Centre offers a variety of **peer learning programs**. If you're looking for academic support, you can access **Peer Assisted Study Sessions (PASS)** that occur weekly for help in reviewing courses that are historically challenging. For the schedule, [visit the PASS web page](#). If you're looking for extra support, [one-on-one peer tutoring sessions](#) are also available. Both programs are offered fully online via Google Meet.

Career Readiness



- The Career Centre and Devant have joined together to provide career supports for international students. [Check out, and register](#) for all the great workshops that are happening in April; including a live expert panel discussing **Careers in Digital Communications & PR, Perfecting your Interview Skills** and a **Q & A with a Canadian Immigration Lawyer!**
- [iLaunch](#), is a series of workshops for new grads designed to launch you into the next phase of your life. At **iLaunch** you will: chat with different employers about ways to be successful in your job search, develop strategies to enhance your job search and learn practical work-readiness skills. This year's series will take place from **May 2 to 4** with both in-person and virtual options to choose from. For a full schedule of the in-person and virtual days, visit the [Student Life Portal](#) and [register](#) to let us know you're coming!
- **International students:** The Career Centre's virtual drop-in sessions happen on **Wednesdays from 1 to 3 p.m.** These sessions are designed to support career development and your employment journey; no appointment is necessary. For more information and for the meeting link, [visit the Student Life Portal](#)

Community



- **safeTALK** is a suicide alertness program that prepares community members to be suicide alert helpers. [Register](#) for this single day, three-hour training session that must be attended in-person. safeTALK participants will learn that opportunities to help a person with thoughts of suicide are sometimes missed, dismissed and avoided and will learn the TALK steps - Tell, Ask, Listen and Keep Safe.

- The Student Leadership Awards of Recognition acknowledge and celebrate students who demonstrate exemplary leadership practices that align with the university's values. Nominate yourself or a peer for the **Student Leadership Awards** in the categories of: Accountability (Ethics), Community Building, Innovation or Respect. You can also nominate a student for the **President's Awards of Excellence in Student Leadership** which encompasses a nomination of all four Student Leadership Awards. Nominations close on **Thursday, April 14**.
- [Applications for student leadership positions are now open!](#) Positions include Peer Leader and Peer Wellness Educator. At the end of the year, your involvement in these roles is eligible to add to your [Student Experience Record](#).
- **Recovery College** is a collaboration between the university and Ontario Shores Centre for Mental Health Sciences. Three courses will be held over the winter semester, will provide education about mental health and wellness, and will help you discover or rediscover passion, hope, and meaning. To view the course descriptions and register, [visit the mental health groups' web page](#).
- **Conversation Café** runs on **Thursdays from 3 to 4 p.m.** This is an opportunity to meet international students and learn about other cultures, as well as a chance to practice English speaking and listening skills. [Visit the Student Life Portal](#) to view the schedule, register in advance if possible, or sign in before you begin.

Equity and Inclusion



- [The Moose Hide Campaign](#) is an Indigenous-led grassroots movement of men, boys and all Canadians - standing up to end violence against women and children. [Join the Moose Hide Campaign informational webinar](#) on Monday, **Monday, May 2 from 2 to 3 p.m.** with a Keynote Address from: Sage Lacerte, National Youth Ambassador, Moose Hide Campaign. **Thursday, May 12** is Moose Hide Campaign Day and is a day for connecting, learning and sharing, where you can hear from inspiring speakers, share experiences and join workshops. [Tune into the livestream](#) from **11:30 a.m. to 12:45 p.m.** or [join the workshop](#) from **1 to 2:30 p.m.** When registering, please be sure to indicate your affiliation with Ontario Tech University.
- **Equity Discussion Groups and Student-Centered Spaces** are running throughout the winter semester. Learn about equity topics in open discussion

groups or discuss your experiences with those who may share them in a closed student-centered Space. [View the available groups and register for sessions.](#)

- **#Let'sTalkSex Workshop Series:** In response to student feedback provided to the Student Sexual Violence Prevention and Support Committee, Student Life has invited the AIDS Committee of Durham Region to deliver some workshops to provide education and destigmatization around topics of sex, and sexuality. Part of building a culture of consent and respect on campus is providing space for conversations like these.
- **Pride Study Space** is a drop-in program for 2SLGBTQ⁺ students and allies to study together virtually in a quiet environment, and take breaks together. For more information and to access the meeting links, [visit the equity groups and workshops web page.](#)

Athletics and Wellness



- The Flex is offering **two free group [fitness classes](#) weekly** until **Thursday, April 14**. A variety of modalities and instructors will lead the class (of maximum 15 participants) through various workouts, including:
 - Barre with Dawn: April 4 from 5:10 to 6 p.m.
 - Yoga Flow with Genevieve: April 8 from 12:10 to 1 p.m.
 - Core & More with Kathy: April 13 from 12:10 to 1 p.m.
 - Pilates with Norah: April 14 from 1:10 to 2 p.m.
- Stay tuned for more information on free indoor and outdoor fitness classes this summer!
- The Flex is partnering with Holistic Nutrition Consultant Sylvia Emmorey to provide [30 minute virtual nutrition consultations](#) to Ontario Tech students, staff and faculty. Nutrition Consulting fees are **\$25** for one session and can be purchased [online](#).
- The Flex is pleased to offer Functional Movement Screening (FMS). [Learn more](#) about this amazing service. Functional Movement Screen fees for DC and Ontario Tech students, staff and faculty are \$45 for one functional movement screen (approx one hour) at the Flex.
- **The Better Together Series** in collaboration with Durham College has a variety of events taking place throughout the year that are aimed at helping students

make connections. April sessions include: **Art and Self-Care with Georgia Fullerton** and **National Immunization Awareness Week Q&A**. View the full list of [events](#) and register on our Mental Health events webpage.

Money Matters



Ontario Student Assistance Program (OSAP)

- **2021/2022 OSAP Extension Form Coming Soon!** If you are an OSAP student planning to take full time classes in the Spring/Summer term(s) (3 classes in total), you will need to complete an OSAP Extension Form once you are officially registered for your classes. Information and form will be available on MyOntarioTech at the beginning of April. **Do not** apply through the OSAP website.
- If you're planning to study part time during the spring/summer months, please apply for part time OSAP funding via the [OSAP website](#).

Student awards

- The 2022 Summer University Works application is now available for Full-Time Undergraduate students. To apply, please visit [MyOntarioTech](#) and go to the Current Student section. Navigate to the Student Awards and Financial Aid box and select **apply for student aid/university works**.
 - Please note the **International University Works** program is highly competitive, with a large number of applicants and a limited number of positions. Therefore, **acceptance into the program is not guaranteed**. In the event the maximum number of applicants has been reached, **the application may close prior to the deadline**.

Other News



- The [North Oshawa Campus Library](#) is open daily from April 3 to 29, including Good Friday.

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