

# Ridgeback Report



- Complete the **voluntary** [Ontario Tech Student Communication Survey](#) and be entered into a draw for a chance to win **1 of 5 \$50 Amazon eGift cards** The survey will take approximately 10 minutes to complete. The answers collected will be used to ensure future communication planning at the university is meeting the needs of our students!

## Academic Support



- Exam season is here! Use this helpful [online exam checklist](#) to prepare for your online exams and help reduce your stress.

## Career Readiness



- The Career Centre and Devant have joined together to provide career supports for international students. [Check out, and register](#) for all the great workshops that are happening in April; including a live expert panel discussing **Careers in Digital Communications & PR, Perfecting your Interview Skills** and a **Q & A with a Canadian Immigration Lawyer!**
- [iLaunch](#), is a series of workshops for new grads designed to launch you into the next phase of your life. At **iLaunch** you will: chat with different employers about ways to be successful in your job search, develop strategies to enhance your job search and learn practical work-readiness skills. This year's series will take place from **May 2 to 4** with both in-person and virtual options to choose from. For a full schedule of the in-person and virtual days, visit the [Student Life Portal](#) and [register](#) to let us know you're coming!

# Community



- **safeTALK** is a suicide alertness program that prepares community members to be suicide alert helpers. [Register](#) for this single day, three-hour training session that must be attended in-person. safeTALK participants will learn that opportunities to help a person with thoughts of suicide are sometimes missed, dismissed and avoided and will learn the TALK steps - Tell, Ask, Listen and Keep Safe.
- The Student Leadership Awards of Recognition acknowledge and celebrate students who demonstrate exemplary leadership practices that align with the university's values. Nominate yourself or a peer for the **Student Leadership Awards** in the categories of: Accountability (Ethics), Community Building, Innovation or Respect. You can also nominate a student for the **President's Awards of Excellence in Student Leadership** which encompasses a nomination of all four Student Leadership Awards. Nominations close on **Friday, April 29**.
- [Applications for student leadership positions are now open!](#) Positions include Peer Leader and the new role of Peer Wellness Educator! At the end of the year, your involvement in these roles is eligible to add to your [Student Experience Record](#).
- **Recovery College** is a collaboration between the university and Ontario Shores Centre for Mental Health Sciences. Three courses will be held over the Spring / Summer semester, and will provide education about mental health and wellness, and will help you discover or rediscover passion, hope, and meaning. To view the course descriptions and register, [visit the mental health groups' web page](#).

# Equity and Inclusion



- [The Moose Hide Campaign](#) is an Indigenous-led grassroots movement of men, boys and all Canadians - standing up to end violence against women and children. [Join the Moose Hide Campaign informational webinar](#) on Monday, **Monday, May 2 from 2 to 3 p.m.** with a Keynote Address from: Sage Lacerte, National Youth Ambassador, Moose Hide Campaign. **Thursday, May 12** is Moose Hide Campaign Day and is a day for connecting,

learning and sharing, where you can hear from inspiring speakers, share experiences and join workshops. [Tune into the livestream](#) from **11:30 a.m. to 12:45 p.m.** or [join the workshop](#) from **1 to 2:30 p.m.** When registering, please be sure to indicate your affiliation with Ontario Tech University.

## Athletics and Wellness



- Stay tuned for more information on free indoor and outdoor fitness classes this summer!
- **The Better Together Series** in collaboration with Durham College has a variety of events taking place throughout the year that are aimed at helping students make connections. April sessions include: **National Immunization Awareness Week Q&A**. View the full list of [events](#) and register on our Mental Health events webpage.

## Money Matters



### Ontario Student Assistance Program (OSAP)

- **2021/2022 OSAP Extension Form is Now Available** on [MyOntarioTech!](#) Information and form are available on MyOntarioTech under OSAP Forms. **Do not** apply through the OSAP website. If you are an OSAP student planning to take full time classes in the Spring/Summer term(s) (3 classes in total), you will need to complete an OSAP Extension Form once you are officially registered for your classes.
  - If you're planning to study part time during the spring/summer months, please apply for part time OSAP funding via the [OSAP website](#).

## Other News



- The [North Oshawa Campus Library](#) is open daily from April 3 to 29, including Good Friday.



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