

Welcome to LifeWorks

Register now for a live orientation webinar!



LifeWorks blends the best user experience and clinical expertise together to help people everywhere achieve total mental, physical, social and financial wellbeing. It has both your Employee Assistance Program (EAP) and personalized wellbeing resources that can support you and your dependents with issues related to work, life and everything in between.

LifeWorks offers support with mental, financial, physical and emotional wellbeing. Whether you have questions about handling stress at work and home, parenting and childcare, managing money, or health issues, you can turn to LifeWorks for a confidential service that you can trust.

All events take place on Thursdays

Manager Orientations

[February 9th – 1 p.m. EST](#)

[April 6th – 1 p.m. EST](#)

[July 6th – 1 p.m. EST](#)

[Oct 5th – 1 p.m. EST](#)

Employee Orientations

[January 26th – 1 p.m. EST](#)

[February 16th – 1 p.m. EST](#)

[March 23rd – 1 p.m. EST](#)

[April 13th – 1 p.m. EST](#)

[May 25th – 1 p.m. EST](#)

[June 22nd – 1 p.m. EST](#)

[July 13th – 1 p.m. EST](#)

[Aug 24th – 1 p.m. EST](#)

[Sept 21st – 1 p.m. EST](#)

[Oct 12th – 1 p.m. EST](#)

[Nov 16th – 1 p.m. EST](#)

