



Sun Life presents

Diabetes Care Program

By Lumino Health™ Pharmacy, provided by Pillway¹

The Diabetes Care Program (DCP) is an evidence-based, lifestyle-first program designed to support Sun Life clients living with type 1 and type 2 diabetes – **at no cost**.

How will this program benefit my health journey?

You will receive a personalized plan for your diabetes management which will cover all aspects of optimal diabetes care, including:

- A1C
- Blood pressure
- Cholesterol
- Medication therapy
- Lifestyle (diet, physical activity, stress, sleep)
- Glucose monitoring
- Screening for complications (e.g., cardiovascular risk)
- Smoking cessation
- Capacity for self-management



Unlimited coaching and support with a dedicated pharmacist with experience in diabetes care and lifestyle medicine.



Your pharmacist will evaluate your eligibility for a sensor-based glucose monitoring system trial kit.



Co-pay assistance on sensor-based glucose monitoring systems to reduce or eliminate your out-of-pocket costs.



Getting started is easy.

1. Scan the QR code or visit sunlife.co/dcp-toolkit-en
2. Sign in or register for Lumino Health Pharmacy
3. Book your initial 30-minute consultation
4. Get the ongoing support you need with unlimited follow-up appointments



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sunlife.co/dcp-toolkit-en

A personalized care program, at no cost

Sign in or register for Lumino Health Pharmacy to enroll for DCP.

Complete a short Diabetes form so you can then book your initial 30-minute virtual consultation.

A dedicated pharmacist completes an initial assessment, creates a personalized care plan, and schedules follow-up appointments.

You will have 10-minute touch points with your dedicated pharmacist to receive ongoing support in managing your diabetes and achieving your health goals.



Enrollment



Book consultation



Initial consultation



Follow-up appointments

Diabetes remission

While there is no cure for type 2 diabetes, it is possible to put it into remission* and potentially reverse some of its health complications. Speak with your dedicated Pillway pharmacist to find out if you're a good candidate for remission of type 2 diabetes. Even if remission is not right for you, you can still improve how you manage diabetes with the Diabetes Care Program from Lumino Health™ Pharmacy, provided by Pillway.

This program is currently offered to patients with Sun Life group benefits, excluding Quebec.

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*Type 2 diabetes remission is defined as achieving specified glycated hemoglobin (A1C) thresholds without any antihyperglycemic medications for a minimum of 3 months: remission to prediabetes (A1C between 6.0% and 6.4%) and remission to normal glucose concentrations (A1C <6.0%). Remission may not be possible for some individuals with type 2 diabetes. Remission of diabetes is not synonymous with cure. Ask your health-care professional for more information.

Co-pay is the contribution made by an insured person toward the cost of medical treatment or other services. Your Sun Life plan may cover the cost of a continuous glucose monitor (CGM). Make sure to check your benefit plan to confirm coverage. Co-pay assistance is void where prohibited by applicable law. Sun Life reserves the right to terminate, suspend or modify co-pay assistance at any time and without notice.

