







5tood by me while I lost faith in getting married during a pandemic. My husband. <3

Submitted by: Fatima Noorali





Grateful for
these simple
moments with
my boys!

Submitted by: Christine Gray





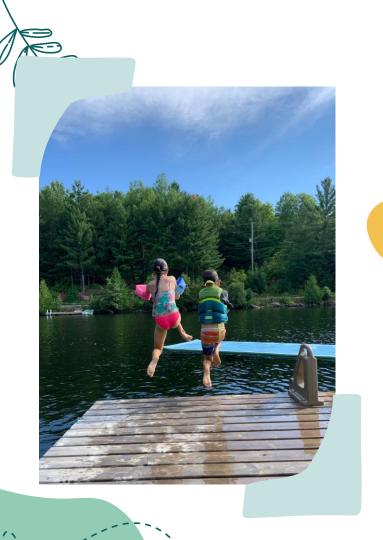


Recharging at the Beach, North Rustico PEI.

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Submitted by: Bevin Moolenschot





"Leave Your Worries
At The Shore" - kids
are the best at living
in the moment, no
worries here!

Submitted by: Anita Krupa





## Use Life long girlfriends

Submitted by: Tracy James - Hockin





Paradise Found -Experiencing summer days through my children's eyes has humbled me and slowed me down

> Submitted by: Jenny Tolevski



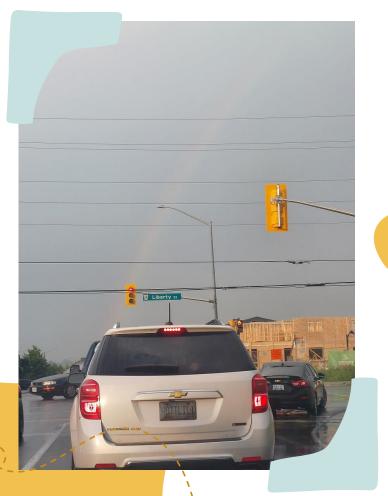






Blue mountains made me realize I can celebrate my birthday in peace and tranquility.

Submitted by: Fatima Noorali







A beautiful rainbow... and a funny license plate that I noticed after!

Submitted by: Christine Gray







Taking in the relaxing scene,
Pleasant Harbour Cape Breton

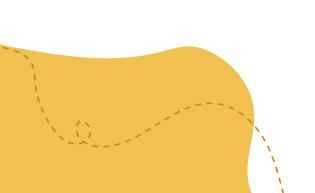
Submitted by: Bevin Moolenschot

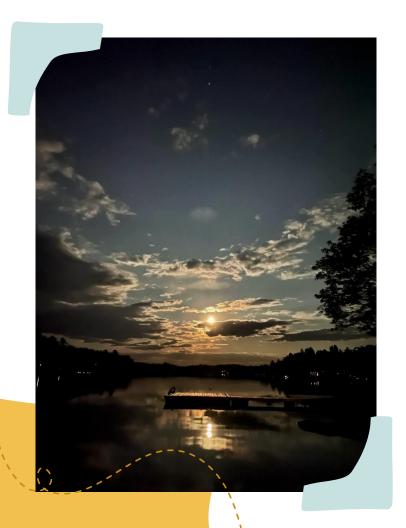




Forget the virtual background, I chose a river, a canoe, and my dog as my background for this class.

Submitted by: Matt Devlin









"Paradise Found" - a true reflection of the beauty of nature surrounding us.

> Submitted by: Anita Krupa

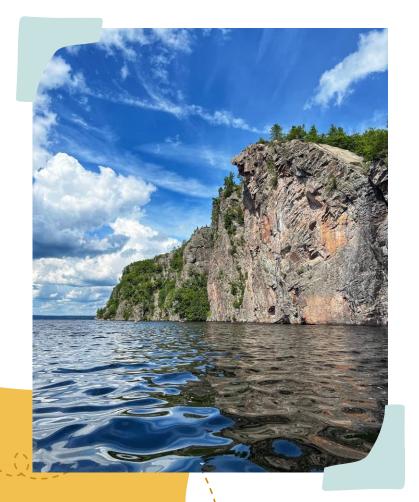






In nature kayaking, this is at Killarney

Submitted by: Tracy James-Hockin





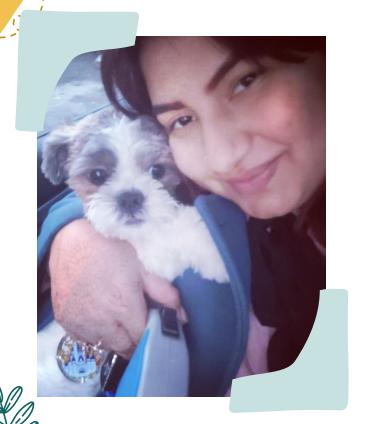


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Mazinaw Rock on Mazinaw Lake adorned with over 260 Indigenous pictographs, a place of self reflection

> Submitted by: Jenny Tolevski







My child, my walk partner, my cuddle buddy and everything that brought comfort to me!

Submitted by:

Fatima Noorali





Always keeps me company while eating, I had to cover her with Kleenex so food won't drip on her fur.

Submitted by:

Hesham Abdel Aal





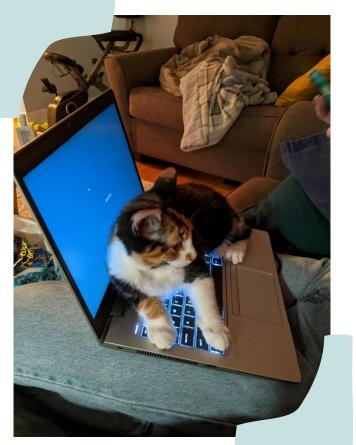


Ontario Tech's newest Book Club member!

Submitted by:

**Cheryl Lumley** 





Meet my newest WFH co-worker "Jennifur" who loves joining in on all of my team meetings!

Submitted by:

Connor Loughlean

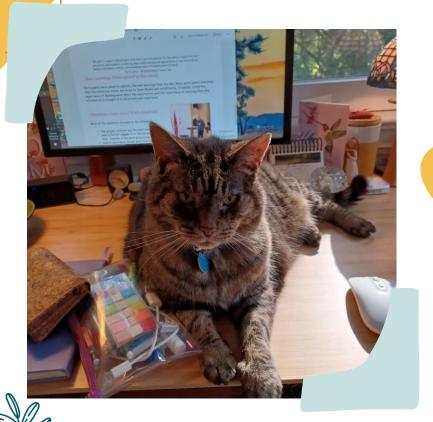




Leao (Portuguese Water Dog) loving life swimming at Inverness Cape Breton

Submitted by:

**Bevin Moolenschot** 





Sharing my home office with my research Study Buddy "Sanger". Occasional petting required.

Submitted by:

**Ginny Brunton** 





All four of my
Fur Babies
relaxing with
me on the sofa.

Submitted by:

Jason Piroochi







Spending time in the barn everyday with Coco has helped me keep grounded. She's a calming presence.

Submitted by:

**Emily Tufts** 





"Paws and Reflect" -Kevin keeps us busy but always knows when it's time to slow down and recharge.

Submitted by:

Anita Krupa



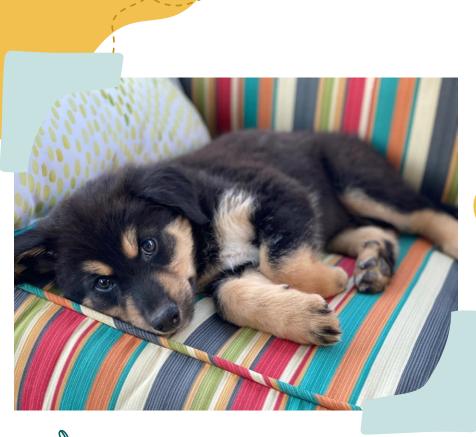


Hugo's a huge Ridgeback fan!

Submitted by:

Susan Forbes







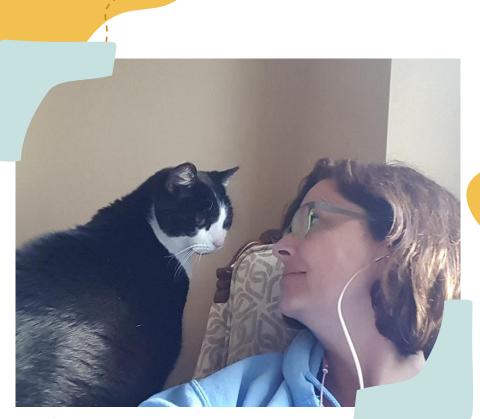
## Scout - our new family built in stress reliever

Submitted by:

Jennifer Flintoff









18 year old cat Missy - always by my side.

Submitted by:

Tracy James - Hockin









Padme – the one constant through the past 2 years of the pandemic, a comforting soul.

Submitted by:

Jenny Tolvski