

HEALTH & SAFETY WEEK SCAVENGER HUNT MAY 4-8, 2026

Complete as many items as you can. Email your completed form to healthandsafety@ontariotechu.ca by Friday, May 15.
Participants will receive a First Aid Kit (while supplies last).



- 1 Find the closest **Emergency Health & Safety Station** to your workstation.
- 2 Watch one AED demonstration video from the **First Aid & AED webpage**.
- 3 Identify one potential **slip/trip/fall hazard** in your work area (e.g., loose cords, cluttered walkway) & fix it. If it's not safe to fix, please follow the **IRS** to address the hazard.
- 4 Is your workstation ergonomically friendly? Review the resources on the **Ergonomics web page**.
- 5 Review the **Summer Safety Tips** and identify one action you can take this week (e.g., hydration, sun safety).
- 6 Locate the nearest **fire extinguisher** (note the type ABC, CO₂, etc.) and identify your primary **emergency exit route** from your workstation.
- 7 How soon after a workplace injury does it need to be reported? Find out on our **Incident Management Procedure web page**.