



U-First!® for Healthcare Providers

Value: \$80
Included in course

U-First!® is an innovative and unique training program that helps frontline staff to develop a common knowledge base, language, values and approach to caring for people with Alzheimer's disease and other dementias by:

- Understanding the person living with dementia and associated behaviour changes and
- Working as a team to develop individualized support strategies

Benefits of U-First!®:

- Identify supportive care strategies
- Increased awareness of the causes of responsive behaviours and how to respond in a safe and helpful way
- Feel more confident in caring for someone with dementia
- Reduce stress and increase job satisfaction for you and for others on the team

Dates:

Please consult Eventbrite offerings

Facilitated By:

Alzheimer Society of Durham
Region Staff

Location:

Virtual

If you are interested in participating, please contact:

Alzheimer Society of Durham Region Education

Phone: (905)-576-2567 ext. 5238

E-mail: education@alzheimerdurham.com